

My Transformation Timeline

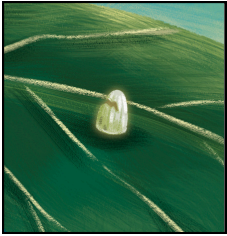
Inspired by Bella's Journey

Name: _____ Date: _____

Bella the butterfly went through many changes before she learned to fly.

Just like Bella, we all go through our own transformation journey.

Reflect on your growth by filling in the stages below:



1. EGG

A dream or goal I just started thinking about...



2. CATERPILLAR

Something I'm learning right now...



3. COCOON

A challenge I'm growing through...



4. BUTTERFLY

Something I feel proud of or strong in today...